



## Meet Our Experienced Team



### Rachel Sacks, MPH • Consultant

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Rachel joined LHF in 2015 with a strong background in program planning, evaluation, and grant writing. She helps clients to conceptualize, define, and actualize new program ideas for grant opportunities and partnerships. Rachel is adept at translating complex scientific, medical, and policy information into easily understandable language for lay audiences. She is also a skilled facilitator and has presented at national conferences, including the American Public Health

Association's annual meeting and the Zero To Three National Training Institute.

#### Commitment to Public Health

Rachel's work across the healthcare field has provided her with a broad perspective on the challenges and opportunities the sector faces. Previously, she worked at the Illinois Chapter of the American Academy of Pediatrics, where she led a multiyear effort to incorporate the national health promotion initiative Bright Futures into Illinois Medicaid and CHIP policy. Prior to ICAAP, Rachel worked with the Chicago Department of Public Health and also spent three years at the Center for Jewish Genetics working on community education around genetics, family health history, and reproductive health.

#### Educational Background

Rachel graduated Cum Laude from Northwestern University with a Bachelor of Arts in History and Science in Human Culture, and holds a Master of Public Health from University of Illinois at Chicago.

*"The LHF team brought an organized, participatory approach to help us answer complicated questions and make important decisions."*

To learn how we can assist your organization, **contact us at (708) 927-8121**



# LHF

# Leading Healthy Futures

Collaborative consulting | Critical thinking | Ongoing impact